

Holy Communion *for the* Sunday called Septuagesima

Saint Paul's Anglican Church

The Rev. Steven P. Macias, Rector

Saint Paul's Anglican Church welcomes you in the name of Christ. We worship according to the Book of Common Prayer and adhere to the fullness of Scripture, the Historic Creeds, and Thirty-nine Articles of Religion of the English Reformation.



THE COLLECT FOR PURITY

ALMIGHTY God, unto whom all hearts are open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Hear what our Lord Jesus Christ saith.

THOU shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it; Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.



O ALMIGHTY Lord, and everlasting God, vouchsafe, we beseech thee, to direct, sanctify, and govern, both our hearts and bodies, in the ways of thy laws, and in the works of thy commandments; that, through thy most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ. Amen.

THE COLLECT OF THE DAY. Septuagesima

O LORD, we beseech thee favourably to hear the prayers of thy people; that we, who are justly punished for our offences, may be mercifully delivered by thy goodness, for the glory of thy Name; through Jesus Christ our Saviour, who liveth and reigneth with thee and the Holy Ghost ever, one God, world without end. Amen.

THE OLD TESTAMENT LESSON Jeremiah 17:5-10

Thus says the Lord: "Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the Lord. He is like a shrub in the desert, and shall not see any good come. He shall dwell in the parched places of the wilderness, in an uninhabited salt land. "Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit."

The heart is deceitful above all things, and desperately sick; who can understand it? "I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds."



THE EPISTLE I Corinthians 15:12-20

Now if Christ is proclaimed as raised from the dead, how can some of you say that there is no resurrection of the dead? But if there is no resurrection of the dead, then not even Christ has been raised. And if Christ has not been raised, then our preaching is in vain and your faith is in vain. We are even found to be misrepresenting God, because we testified about God that he raised Christ, whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, not even Christ has been raised. And if Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have fallen asleep in Christ have perished. If in Christ we have hope in this life only, we are of all people most to be pitied. But in fact Christ has been raised from the dead, the firstfruits of those who have fallen asleep.

THE GRADUAL Hymn 249.

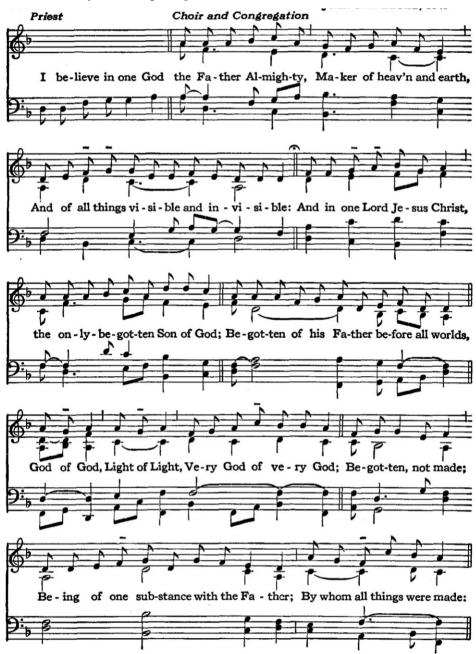
Thy Gospel, Jesus, we believe, and for thy help we pray, that we in thought and word and deed, thy Gospel may obey.

THE GOSPEL. St. Luke vi. 17. *Here shall be said,* **Glory be to thee, O Lord.**

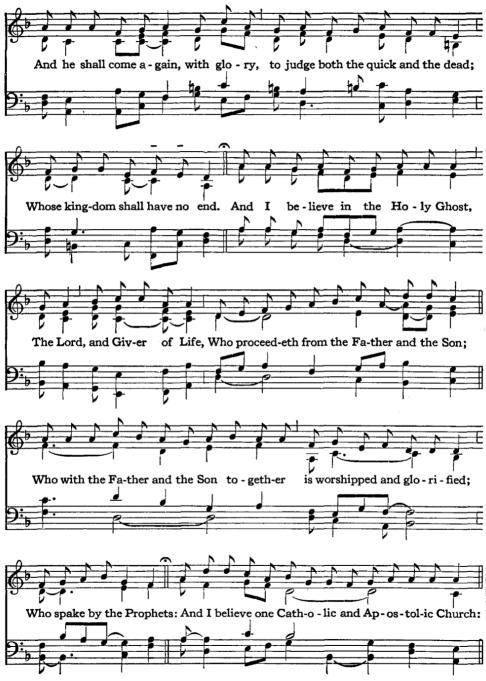
And he came down with them and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, who came to hear him and to be healed of their diseases. And those who were troubled with unclean spirits were cured. And all the crowd sought to touch him, for power came out from him and healed them all. And he lifted up his eyes on his disciples, and said: "Blessed are you who are poor, for yours is the kingdom of God. "Blessed are you who are hungry now, for you shall be satisfied. "Blessed are you who weep now, for you shall laugh. "Blessed are you when people hate you and when they exclude you and revile you and spurn your name as evil, on account of the Son of Man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven; for so their fathers did to the prophets. "But woe to you who are full now, for

you shall be hungry. "Woe to you who laugh now, for you shall mourn and weep. "Woe to you, when all people speak well of you, for so their fathers did to the false prophets.

And after the Gospel may be said, Praise be to thee, O Christ.









Here for a season, then above, O Lamb of God, I come.

The Sermon – Rev. Steven P. Macias Jr.

Lent and True Humanity

"Blessed are the pure in heart, for they shall see God."

I. Lent as a Journey to True Humanity
A. Obligation vs. Invitation

The Beatitudes describe the character of the truly
blessed—Lent helps us cultivate this life.
Indulgence vs Purity

II. The Beatitude and the Goal of Lent

A. Jesus promises that the pure in heart will see God. Calvin: "Since our hearts are a factory of idols, we must be cleansed by the Spirit of God before we can behold Him in righteousness."

III. Fasting, Prayer, and Almsgiving: Means of Purification

- A. The Desert Fathers saw these as the three weapons against the world, the flesh, and the devil.
- B. Not obligations, but tools for restoring the image of God within us.

St. Anthony the Great

"Regard not the place, but wheresoever thou art, be careful to have a good heart towards God, and fear him, and keep his commandments, and wherever thou art, thou shalt be as Adam in paradise." (Life of St. Anthony, ch. 54)



THE DOXOLOGY. Praise God from whom all blessings flow. Praise Him all creatures here below, Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

Let us pray for the whole state of Christ's Church. Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

Lord, in thy mercy: Hear our prayer.

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially our President and Governor, that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

Lord, in thy mercy: Hear our prayer.

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, and especially to your servant Ray, our Bishop, that by their life and teaching, they may proclaim your true and lifegiving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives. Lord, in thy mercy: **Hear our prayer.** Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

Lord, in thy mercy: Hear our prayer.

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity especially thy servants: For our expectant mothers: Mikayla Nordin, Raji Sikha, Sharon Cherian,; for the healing of our bodies: Sherri Milbank, Nathan Schumacher, David Gross, Leopold, Tae For those in need of work: Vanessa Hanks, For those who have strayed from the faith: Natalie, Abigail and Emilie. Lord, in thy mercy: **Hear our prayer**.

We remember before you all your servants who have departed this life in your faith and fear, that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of all your saints, that we may share with them in your heavenly kingdom.

Lord, in thy mercy: Hear our prayer.

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. Amen.

YE who do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, devoutly kneeling. ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him. COME unto me, all ye that travail and are heavy laden, and I will refresh you. *St. Matt. xi. 28.* So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *St. John iii. 16.*

Hear also what Saint Paul saith. This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners. *1 Tim. i. 15*.

Hear also what Saint John saith. If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the Propitiation for our sins. *1 St. John ii. 1, 2*.

SURSUM CORDA.

The Lord be wirh you **And with thy Spirit** Lift up your hearts. **We lift them up unto the Lord.** Let us give thanks unto our Lord God.

It is meet and right so to do.

IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again: For in the night in which he was betrayed, he took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, this is my Body, which is given for you; Do this in remembrance of me.

Likewise, after supper, he took the Cup; and when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Saviour Jesus Christ, we, thy humble servants, do celebrate and make here before thy Divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee, that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him. And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice; yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. AMEN.

And now, as our Saviour Christ hath taught us, we are bold to say, OUR Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, on earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen. WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us. Amen.

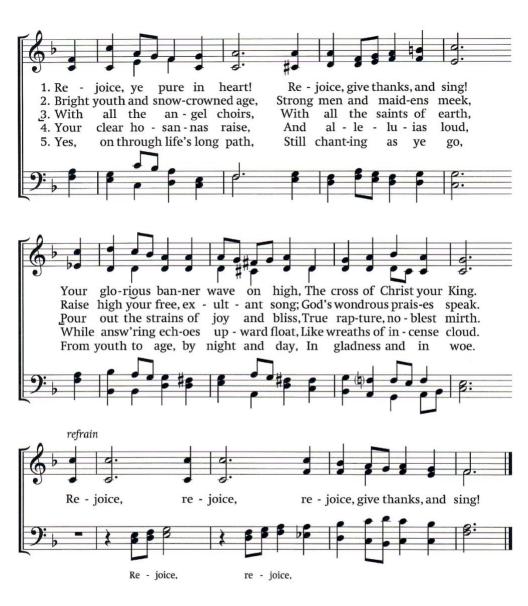


THE Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith, with thanksgiving.

THE Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life. Drink this in remembrance that Christ's Blood was shed for thee, and be thankful.





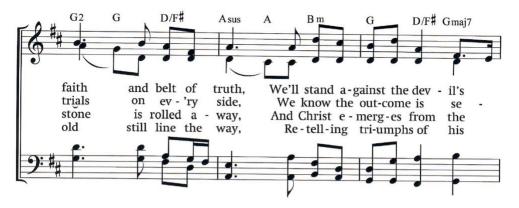


6. At last the march shall end; The wearied ones shall rest; The pilgrims find their Father's house, Jerusalem the blest. to refrain Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

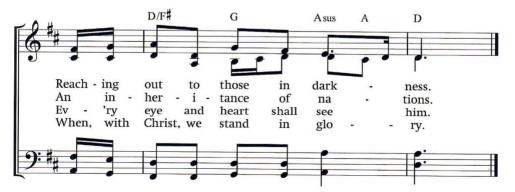
THE GLORIA

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father, Amen.









HEIDELBERG CATECHISM LORD'S DAY 6

Q. 20. Are all men then, as they perished in Adam, saved by Christ?

A. No, only those who are ingrafted into Him, and receive all His benefits, by a true faith.

Q. 21. What is true faith?

A. True faith is not only a certain knowledge, whereby I hold for truth all that God has revealed to us in His Word, but also an assured confidence, which the Holy Ghost5 works by the gospel in my heart; that not only to others, but to me also, remission of sin, everlasting righteousness, and salvation are freely given by God, merely of grace, only for the sake of Christ's merits.

Q. 22. What is then necessary for a Christian to believe? A. All things promised us in the gospel, which the articles of our catholic undoubted Christian faith briefly teach us.

Q. 23. What are these articles?

A. I. I believe in God the Father, Almighty, Maker of heaven and earth; II. And in Jesus Christ, His only begotten Son, our Lord; III. Who was conceived by the Holy Ghost, born of the Virgin Mary; IV. Suffered under Pontius Pilate; was crucified, dead, and buried; He descended into hell; V. The third day He rose again from the dead; VI. He ascended into heaven, and sitteth at the right hand of God the Father Almighty; VII. From thence He shall come to judge the quick and the dead. VIII. I believe in the Holy Ghost. IX. I believe an holy catholic church; the communion of saints; X. The forgiveness of sins; XI. The resurrection of the body; XII. And the life everlasting. Amen.

Evensong with St. Andrew's Choir

Chapel on Thursday, Feb 27th 2025

Shrove Tuesday - Supper and Pancake Race

(3/4/2025)Join us for a fun-filled evening for the whole family at our annual Shrove Tuesday Pancake Supper! Don't miss the tradition of our Pancake Race and a delicious meal as we prepare for the season of Lent. In the English tradition, we call this feast Shrove Tuesday—you might also know it by the French name Mardi Gras or Fat Tuesday.

Ash Wednesday Service (3/5/2025)

Join us at 7 PM on March 5th as we observe the start of Lent with a short Evensong service (30 minutes) and the imposition of ashes. Mrs. Macias will be playing the music for this service.

Bishop Sutton's Episcopal Visit Sunday, March 16th 2025 Join us at 10:30 AM on March 16th for a special St. Patrick's Day service and an opportunity to meet our Bishop, Dr. Ray Sutton. We'll celebrate afterward with a special Irish potato bar meal. Bishop Sutton was the Dean and Professor of New Testament at the Reformed Episcopal Seminary in Philadelphia, and continues as an adjunct professor today. He is the Dean and Professor of Theology at Cranmer Theological House, where he continues to teach.